



St Joseph's & St John the Baptist

CATHOLIC PARISH EAST BRIGHTON

Loving Jesus, living and sharing our Faith, welcoming all.

Twenty Eighth Sunday in Ordinary Time (B) 10th October 2021

Psalter week 4

WELCOME

Welcome to St Joseph's and St John the Baptist! We are a vibrant and welcoming Catholic community in Brighton, with a vision to form disciples of Jesus Christ, to love others, and to serve our city.

Everyone is welcome, and there are loads of ways you can get involved! See our website www.eastbrightoncatholic.org.uk for more opportunities.

Message from Fr Kieron

This weekend we are marking World Mental Health Day, with prayers and some awareness raising in the Parish. Our mental health is often closely related to our Spiritual health; when we feel down, we find it hard to pray and when we find it hard to pray, our general well-being suffers, so we always do well to turn to the scriptures for some good advice.

In the Gospel on Sunday, Jesus warns against working up an over dependence on material wealth, he even recommends a radical letting go of riches to free us up to enter the Kingdom. It is not possible for us all to go to such extremes, but we could all see this as an appeal to live a more balanced life, where work and wealth do not take over from prayer and health. We know what happens when we lose our balance - we tend to fall over and it is easy to see how this happens to us spiritual and mentally, if not literally. However, we are reassured, that even when we struggle to get the right balance ***nothing is impossible for God.***

Thank you from our Parish Food Bank!

Once again this week we supported over 70 people at the Food Bank - the numbers have increased - so your support is still needed and becoming more important, especially with the cut to Universal Credit this week.

If you can spare some time to help, please let the Parish office know.

Please bring fresh milk, fresh sliced bread, fresh fruit, and eggs if you can.

Thank you once again to everyone supporting our Food Bank.

thank you!

Today (Sunday) is World Mental Health Day - see inside for more details

www.eastbrightoncatholic.org.uk

COMING TO CHURCH

We are still taking all the necessary precautions to ensure we are Covid safe. A separate guidance sheet is now available on our website (click here) or contact the Parish office but you should continue to:

- ♦ Wear a mask in Church
- ♦ Sanitise your hands
- ♦ Sign in (NHS QR code or leave your details)

Our welcomers still play a very important part of Mass and ensuring we stay Covid safe.

We are very grateful to them. Please continue to follow their directions as we create a safe environment for people to come and worship.

World Mental Health Day – Sunday, 10 October 2021



This Sunday the parish is supporting World Mental Health Day. To mark the day, Mental Health UK & ITN are promoting their on-line production of "Forward Together for Mental Health". See: <https://mentalhealth-uk.org/get-involved/mental-health-awareness-days/world-mental-health-day-2021/>. Its aim is to increase understanding of mental health and the role we can play in supporting people around us.

After Mass in Church there will be a small display with local information available and some parishioners (wearing green ribbons) present to answer questions.

Brighton Citizens UK live streamed Assembly – This Thursday Oct 14th 6.30 – 8.30pm.

It is still possible to register and thereby provide your support to improving mental health care in Brighton. We are looking for 25 more parishioners to simply attend on-line. Please see the [Parish website News](#) section for details.

The last day to register is October 13th - Register today!

Thank you! CAFOD Family Fast Day – Climate Crisis Appeal

Thank you so much for your donations to CAFOD this Family Fast Day. Your generous gifts will help people like Ivanilde in the Amazon to protect our common home. You can add your voice to our petition calling for the Prime Minister to show leadership in tackling the climate crisis, and find out more about getting involved at cafod.org.uk/reclaim

Train as a Relationship Counsellor with Marriage Care

Catholic Marriage Care are the largest faith-based relationship support specialists in the UK. We are looking for empathetic listeners who would like to train and volunteer with us as **relationship counsellors** and make a world of difference to couples and families. For more information please visit: www.marriagecare.org.uk/crc

Journeying from Despair to Hope

'Building support from parishes to prisoners and their families.' An online event on 12th October, 5pm- 6.15pm.

Register at <https://forms.office.com/r/J1zTkUTiP7>

Children's Liturgy

We look forward to welcoming our younger parishioners to Children's Liturgy this Sunday at 11:00am Mass at SJB, and on Sunday 17th October at the 11:30am Mass at St Joseph's.

SCHOOLS

St Joseph's School

OPEN DAY (for new families) St Joseph's Catholic Primary School, Davey Drive, Tour dates: -

Tuesday 9th November 9am-10.30am

Thursday 18th November 4pm-5pm

Or if you cannot make these days, we are happy to arrange an alternative day/time on request.

See <https://www.st-josephs.brighton-hove.sch.uk/news> for our news or call 01273 556607 for more info.

Gill Foan, (acting) Headteacher

St John the Baptist School

The eyes of the world are on us this year as Britain hosts world leaders for the United Nations' climate change talks – COP26. They will make important decisions that will shape the future of our global family. Children at SJB have created art work and poetry to let the government know 'their eyes are watching their decisions!' Please visit our website to see the amazing artwork.

OPEN DAYS (for new families) St John the Baptist Catholic Primary School, Whitehawk Hill Road, Tour dates: -

Tuesday 9th November 2pm

Tuesday 16th November 2pm

Or if you cannot make these days, we are happy to arrange an alternative day/time on request.

See <https://www.stjohn.brighton-hove.sch.uk/reception-class-2020> Phone:01273 607924

Tina Davidson, Headteacher.

YOUNG ADULTS/STUDENTS

For info about the latest young adults events & activities see www.facebook.com/groups/deepwatersbrighton.

Students - find out more about the Universities' Catholic Chaplaincy at www.catholicstudents.org and www.facebook.com/groups/catholicchaplaincy. Email Claire, the Chaplain for Brighton claireosullivan@brighton.ac.uk

The Catholic chaplaincy is a community that welcomes, supports and unconditionally accepts students and staff from Brighton & Sussex Universities, and provides a background of support for those who wish to share, explore and perhaps find anew their spiritual journey. There is mass everyday (except Sat) on Campus. See the facebook page for details.

GROUPS / MEETINGS

Tuesday Evening

Our lively sessions of learning, discussion and friendship are online at 7:30. Our current topic is Divine Renovation
LINK: <https://zoom.us/j/96161676521> ID: 961 6167 6521

Evening with Friends—now monthly!

Join David on Wednesday 27th October at 7:30 for an hour of chat and time to be together as a community.
LINK: <https://zoom.us/j/97896232496> ID: 978 9623 2496

Wednesday Evening Perpetual Novena Every Wednesday at 5:30pm at SJB Church

Thursday mornings

Join us from 10am-12pm for a friendly social session of chat and discussion around a topic of our faith.
LINK: <https://zoom.us/j/92452001507> ID: 924 5200 1507

Padre Pio Group Join us at 7pm on Thursday evenings at St Joseph's for Rosary & Adoration of the Blessed Sacrament.

Mothers Prayers

We are a group of mothers who meet weekly to pray for our children & grandchildren. We have set up a Zoom meeting which enables us to be together spiritually in prayer. Contact Jill O'Rourke 01273 687642 for more info.

Lectio Divina

Every Friday at 8pm An invitation to take part in an online Lectio Divina prayer group - from the Benedictine monks in Elm Grove. LINK: <https://zoom.us/j/92327977736> ID: 923 2797 7736

CELEBRATE is running the Parenting for Faith course on Zoom.

Want to help the children you love find God in everyday life? The Parenting for Faith course is for you! It's not just mums and dads who long for children and teens to know God for themselves. Whether you're a parent, guardian, grandparent, family member, friend, or catechist, you can help the young people in your life develop a vibrant and connected relationship with God - whatever their age!

Dates: Block one: 2nd, 9th, 16th, & 23rd Nov. Opt. evening: 30th Nov with Rachel Turner, Parenting for Faith Pioneer
Block two: 11th, 18th, 25th Jan & 1st Feb 2022 During the sessions there will be opportunity to discuss the content in small groups online. These will be organised in regions so that you can get to know other families in your area.

[Watch the trailer for the course here](#). To book your free place register at www.celebratetrust.org/parentingforfaith

We look forward to seeing you all there! *The CELEBRATE Team*

SACRAMENTS

First Holy Communion

Our First Holy Communion programme will start in November this year for children in Year 3 or above. In the sessions, the children come to know more about Jesus, and about developing a relationship with him in the Mass and Reconciliation. We follow a parent-led programme in which parents and carers are supported and guided, by a team of catechists, to prepare their children themselves for the Sacraments of Reconciliation and First Holy Communion.

We have regular family Masses where the young people preparing for First Holy Communion are encouraged to take a more active role: taking up the offertory, reading a prayer, serving refreshments, fundraising, or welcoming. We also accept children (Year 3 and above) who are also preparing for baptism.

[Click here to apply for this year's programme](#), or contact the Parish Office if you have any queries.

Altar Servers Meeting—Friday 15th October

Fr Sebastian is having a gathering at SJB (Canon Foley Room) at 7pm on Friday 15th Oct. Anyone who has made their First Holy Communion can become an Altar Server—boys and girls and anyone of any age! Come and join the team!

CONTACT DETAILS

Canon Kieron O'Brien

kieron.obrien@abdiocese.org.uk

The Presbytery

2 Bristol Road, Brighton, BN2 1AP
Tel 01273 087839

Fr Sebastian Kijak

sebastian.kijak@abdiocese.org.uk

Parish Office (Open Mon, Wed & Fri, 9:30am - 1:00pm)

Email: eastbrighton@abdiocese.org.uk Tel: 01273 087839

MASS TIMES

Saturday 9th October	St John Henry Newman	
St John the Baptist	6:00pm First Mass of Sunday	The Repose of the Soul of Sonia Villaluna RIP (Villaluna Family)
Sunday 10th October	TWENTY EIGHTH SUNDAY IN ORDINARY TIME	
St John the Baptist	11:00am Mass with Children's Liturgy	Ouseph Varghese (Jacob George)
St Joseph's	11:30 Mass (click here to watch)	Brady RIP
St Joseph's	5:30 Mass	John Murray RIP (Mary Murray)
Monday 11th October		
St John the Baptist	10:00am Mass	Genevieve Bridger
St Joseph's	6:00pm Mass	People of Windsor & Maidenhead
Tuesday 12th October	St Wilfrid	
St John the Baptist	10:00am Mass	Jason Smith RIP (Foundation)
St Joseph's	6:00pm Mass	Teresa Delahunty RIP
Wednesday 13th October		
St John the Baptist	10:00am Mass	Joe & Rita Mahoney RIP (Pat Duffy)
St Joseph's	6:00pm Mass	Mission of the Parish
Thursday 14th October		
St Joseph's	6:00pm Mass	Teresa & Simon Denyer RIP (Mary Murray)
Friday 15th October	St Teresa of Jesus	
St John the Baptist	10:00am Mass	Mrs Gasquet RIP (Foundation)
St John the Baptist	2:30pm Funeral Service	Albert Wright RIP
St Joseph's	6:00pm Mass	Agnes Perry RIP (Foundation)
St Joseph's	6:30pm—8:00pm Adoration of the Blessed Sacrament & Confessions	
Saturday 16th October		
St John the Baptist	10:00am Mass followed by Confessions	Teresa Pires RIP
St Joseph's	11:00am-11:45am Confessions	
St John the Baptist	6:00pm First Mass of Sunday	Good Health of Espy d'Costa & Edwin D'Costa's Intentions
Sunday 17th October	TWENTY NINTH SUNDAY IN ORDINARY TIME	
St John the Baptist	11:00am Mass	Debora Facca (Denise Facca)
St Joseph's	11:30am Mass with Children's Liturgy (click here to watch)	Christelle RIP (Asha Mouvogny)
St Joseph's	5:30pm Mass	People of the Parish

Mass Intentions

The greatest gift you can give a loved one, deceased or living, is the Sacrifice of the Holy Mass. You can arrange a mass by contacting the Parish Office, or collecting a Mass Intention envelope from the back of either of the churches.

Please pray for the sick of our parish:

Leao Pires, Jose Cabanas, Vivien Appleby, Charles Appleby, Ella O'Driscoll, Clive Coates, Tommy Maher, Dermot O'Hara, Ian Brockwell, Angela Hubert, Maria Rigby, Frank Mansbridge, Patsy Regan, Ray Mason, Patrick Sweeney, Moira Hall, Margaret Lamb, Tony Wallace, Jean Ghazal, Roy Dadswell, Pat Healy, Sarah Moriarty, and Fred Pearson.

Those who have died recently, especially Albert Wright and those whose anniversaries occur around this time. To be added to the sick list contact the Parish Office. Please contact Fr Kieron or Fr Sebastian if you are going into hospital.