

COMING TO CHURCH

Actions we should all take to keep ourselves and others safe (from B&HCC)

- Get your COVID vaccines, your booster and your flu jab as soon as you are able to – [book online](#) or call 119 to make an appointment. New appointments are being added every day, please keep checking. Keep dedicated walk-in sessions for those who need it.
- Take lateral flow tests before you meet others or go to crowded or enclosed places and report your results – [order test packs online](#), or collect from Jubilee Library, Hove Town Hall, or many pharmacies
- Stay at home if you feel unwell to reduce the risk of passing on any illnesses to others
- [Book a free PCR test](#) if you have any symptoms or if you test positive on a lateral flow test, and [isolate if required](#) – [support is available if you need it](#)
- Reduce your close contacts – the fewer people you meet the safer you will be, so prioritise who you see
- Meet outside where possible, or let fresh air in
- Wear a face covering in all crowded or enclosed spaces. Face coverings are required by law in [most indoor public places and on public transport](#). You should also wear them in busy outside areas.
- Wash your hands or use hand sanitiser regularly and cover coughs and sneezes
- Use the NHS COVID-19 app

In addition to the above:

- We would like to remind everyone that masks must be kept on the entire time you are in Church—even when singing! Please note, unless exempt, we require you wear a mask and not just a face covering. If you do not have a mask you will be given one.
- We will be ensuring our Churches are well ventilated – so please wrap up!! And as per the council advice, we would recommend that you take a lateral flow test before coming to Sunday mass.

Our welcomers still play a very important part of Mass and ensuring we stay Covid safe. We are very grateful to them. Please continue to follow their directions .