



St Joseph's & St John the Baptist

PART OF THE BRIGHTON & HOVE CATHOLIC PARISH

www.eastbrightoncatholic.org.uk

Seeking God in Prayer, Growing Together in Faith, Reaching Out in Love.

The Most Holy Trinity (A) 31st May 2026

Psalter week 4

WELCOME

Message from Fr Kieron

The Feast of the Holy Trinity is an invitation to ponder and rejoice on the mystery of God who is three persons living in perfect relationship. This becomes the basis for our whole way of life as relationships are always more important than transactions and our sharing in the life of the Holy Trinity is both a gift and a task. In his recent encyclical, Pope Leo situates all of the Church's Social Teaching in the context of our Trinitarian belief system.

The Church's Social Doctrine brings us to the very heart of our faith: the mystery of the living God, revealed in Jesus Christ, who, as a communion of persons - Father, Son and Holy Spirit - is love itself in relationship, expressed in the mutual gift of self and sharing within the world. As the Council recalled, human persons are called to communion with God and "can fully discover their true selves only in sincere self-giving." Indeed their deepest vocation is to enter into the Trinitarian dynamic of love received and shared.

There are other strong links to the Trinity in the document as the dignity of every human being is predicated on the belief that we are created in the image and likeness of the triune God.

This means that we value communion over isolation because we are inherently designed for relationship with God and others and all of creation.

Our innate dignity as a reflection of the Trinity is intrinsic - as it is not something that needs to be earned, justified or measured by economic productivity and certainly not by algorithms or data. We are reminded that whenever humanity is tempted to treat other human beings as resources or as a means to an end Christians must look to the incarnation of the Triune God to remember the grandeur of human nature.

So, far from being merely an abstract theological construction, the teaching about the Holy Trinity gives us a lens through which to view the world and an anchor for our human dignity.

You can read Pope Leo's Encyclical Letter here:

www.eastbrightoncatholic.org.uk/download-our-newsletter



MONKS IN THE CITY

Saturday Sanctuary - 6th June from 11.00 am to 12:45pm

A morning of fellowship, reflection, prayer and silence.

Saturday Retreat Day at Compass House, Worth Abbey, RH10 4SB

20th June, 10am to 4pm. Theme: *St Benedict for Today*

(Booking required) Transport (£5) from SJB at 9am.

An opportunity to experience the prayerful atmosphere of the Abbey Church and to enjoy the extensive grounds of Worth Abbey. Optional transport (£5) available from Kemptown (BN2 1AP) at 9am; please book up in advance as numbers are limited.

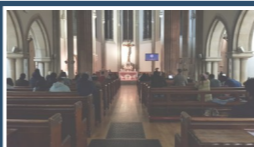
Sponsor Fr Kieron and support young people attending the Lourdes Pilgrimage



Three of our young people will be travelling to Lourdes with the Diocesan Pilgrimage in July; One as a *redshirt (youth group)*, the others as helpers.

Fr Kieron will be cycling from St Malo (in the north of France) to Lourdes over five days and would like to use the ride to raise funds for our young parishioners.

If you would like to sponsor him, you can use the Dona machines in each church or hand in cash / cheque in an envelope marked *Lourdes Sponsorship*. Fr Kieron will be covering his own expenses, so everything you give will go to support our young helpers.



Adoration, Reflection & Music - Friday 5th June 2026

Join us at St Josephs from 6:45-7:45. Everyone is very welcome!

Our next date is Friday 3rd July before a break for Summer.

Corpus Christi Procession - Sunday, 7th June, after 11am Mass at St. Joseph's

Join us in celebrating the Solemnity of the Most Holy Body and Blood of Christ as we honour Our Lord in the Eucharistic Procession after the 11am Mass. Embrace the spiritual depth of this tradition, culminating in Benediction around 1pm on Sunday, 7th June at St Joseph's Church.

You are most welcome to come along and participate in this beautiful expression of faith and community. Let this be an opportunity to unite in reverence and devotion, and to bear witness to our faith together.

All are welcome!

Please note: As the procession will take place immediately after Mass, there will be no coffee after the 11am Mass on this occasion.



Corpus Christi Carpet of Flowers, 3-4 June, Arundel Cathedral.

Experience Arundel's beautiful Carpet of Flowers, celebrating the Feast of Corpus Christi.

View the carpet 9.30am-7pm (Weds) and 9.30am-5.30pm (Thurs). Mass, followed by a procession to Arundel Castle, begins at 5.30pm on Thursday. All are welcome.

From the Care Group

If you know someone who is housebound, please let us know so we can arrange to visit and take Holy Communion to them. Contact the Parish Office and they will pass your details to the Care Team.

Car for sale!

The Monks in the City are selling their well-maintained black 2013 Volkswagen Polo (registration YY13 FHS). Petrol, 1.4 litre engine, manual gears, first registered June 2013. Current market valuations suggest a private sale price in the region of £3,000-£3,400. Anyone interested, or wishing to know more, please contact: monksinthecity@worth.org.uk Viewing can be arranged by appointment.

Parish Foodbank The foodbank is open **Mondays, 10:30-11:30am** (Including Easter Monday) at the SJB presbytery (front office). Please bring donations to Sunday Mass: Eggs, fresh fruit & veg, tins, dry goods, strong bags. **Remember We can't store refrigerated food! [Click here](#) to donate to the fund Thanks!**

Parish Safeguarding for the Young or Vulnerable

If you have concerns for someone you know or need advice or help yourself, please call the Diocesan Safeguarding Co-ordinator, Angela McGrory in confidence on 01293651148 or email one of the Parish Safeguarding Rep's: Linda Evans, St Josephs sg1.eastbrighton@abdiocese.org.uk & Julia Murray Logue, SJB sg2.eastbrighton@abdiocese.org.uk

YOUNG ADULTS/STUDENTS

Deep Waters is the parish student/young adults group. We get together:

- ♦ **Wednesdays:** 6:45pm next door, in the basement of 6 Wellington Road, for a meal, a talk, prayer & social with drinks.
- ♦ **Sundays:** after the 11am Mass for lunch + input/activity, also in 6 Wellington Road.

Come to the back of St Joseph's church after Mass and someone will find you and show you where to come! For more info you can join our WhatsApp chat - email Claire at claireosullivan@brighton.ac.uk for the link. Instagram: @brightonsussexatholic. We look forward to meeting you!

GROUPS / MEETINGS

Mothers Prayers We are a group of mothers meeting on Monday's at 5pm on zoom. For info contact the parish office.

Tuesday Evenings Join us online at 7:30 on <https://us02web.zoom.us/j/84005968178>

Life in the Spirit Course TUESDAY evenings, 7:30pm-9pm. 6 Wellington Rd- all welcome! Contact 07833 614205

Wednesday Evening Perpetual Novena and Divine Mercy Chaplet Every Wednesday at 4:00pm at SJB Church (if Church is closed - please ring the doorbell to the Presbytery)

Thursday Morning Group meets on the 2nd and the last Thursdays of each month at 10:15 - in person in the parish meeting room at St Joseph's, and also accessible online.

Padre Pio Group Join us at 6:30pm, Thursday evenings at St Joseph's for Rosary & Adoration of the Blessed Sacrament.

Catenians - a monthly meeting of Catholic men at The Hove Club. For more info see <https://cateniansprovince18.org.uk>


MONKS IN THE CITY **PRAY WITH US**
Morning Prayer at 9am: Monday - Saturday
Evening Prayer at 6pm: Monday - Thursday & 4:45pm on Saturday & Sunday
Midday Stillness every Friday until 24 July
Lectio Divina every Wednesday 8-9 pm [Join online here](#) or see our website.

Grandparents Pilgrimage - Wednesday 17 June 11am - 3pm
at The Shrine of Our Lady of Consolation & St Francis, West Grinstead,
 A day of sharing and prayer with other Grandparents with Mass, Benediction, Rosary, tours of the secret chapel and lots of chat. Please bring a packed lunch. [Click here to register](#): If you have any questions about the day please contact Deacon Simon South, Marriage & Family Life Adviser E: simon.south@abdiocese.org.uk

St John the Baptist Catholic Primary School, Whitehawk Hill Road, BN2 0AH | 01273 607924
 We hope all our families had a wonderful half term break and were able to enjoy some of the lovely sunshine. We look forward to welcoming everyone back for the final half term of the academic year and wish all our children and families a happy, successful and enjoyable few weeks ahead.
Many Blessings, Carly Carden, Headteacher

CHILDREN & FAMILIES

Parents & Toddlers We meet at St Joseph's (side door entrance) on alternate Monday mornings from 10am to 12pm, join us for fellowship, tea and coffee, play-time and an opportunity for adoration with or without children in the church. All welcome. Email Julia (families.eastbrighton@abdiocese.org.uk) to join the WhatsApp group.

 **Family of Faith - Next date 27 June.**
What is Family of Faith? Family of Faith is a parish group for families who wish to grow in their faith. Children and their parents will learn about the mass, how to pray, the liturgical calendar of the Church, and the teachings of the Catholic faith in the YouCat (youth catechism) for Kids, covering the entire catechism over a three-year cycle. The programme is suitable for all families with children of primary-school age. Also suitable for families who are preparing for the sacraments of Baptism, First Holy Communion & First Reconciliation, as well as those who have already received these sacraments and are preparing for Confirmation in the future.

Proclaim! Next date 1 June from 6:30-9pm at the FCH
 Proclaim is a youth group for young people in Years 7-13 in which we build friendships, play games, and create a space for discussion about faith.



Contact Julia at families.eastbrighton@abdiocese.org.uk for details on any of the above

CONTACT DETAILS

The Presbytery & Parish Office: 2 Bristol Road, Brighton, BN2 1AP Tel 01273 087839

Canon Kieron O'Brien
kieron.obrien@abdiocese.org.uk

Fr Aidan Murray
amurray@worth.org.uk

Fr Peter Williams
pwilliams@worth.org.uk

Fr Patrick Fludder OSB
pfludder@worth.org.uk

Julia Wingfield - Families Ministry

All enquiries about Baptism, First Holy Communion, Messy Church etc
families.eastbrighton@abdiocese.org.uk

Parish Office (Mon, Wed & Fri, 9:30 -13:00)

Email: eastbrighton@abdiocese.org.uk

MASS TIMES

Saturday 30th May		
St John the Baptist	6:00pm First Mass of Sunday	Ken Francis RIP (<i>Pam Francis</i>)
Sunday 31st May The Most Holy Trinity		
St John the Baptist	11:00am Mass	People of the Parish
St Joseph's	11:00am Mass with Children's Liturgy	Bridie Dolan RIP (<i>Maureen Reilly</i>)
St Joseph's	5:30pm Mass	Lisa Howell RIP
Monday 1st June St Justin		
St John the Baptist	9:30am Mass	Florie Tan & Elvie Santos RIP - Anniversary (<i>Leonor Conteras</i>)
Tuesday 2nd June		
St John the Baptist	9:30am Mass	Celebrant's Intentions
St Joseph's	6:00pm Mass	Johanna Kelly RIP (<i>Foundation</i>)
Wednesday 3rd June St Charles Lwanga & Companions		
St John the Baptist	9:30am Mass	Jim & AnnaMarie McCann - intentions
St Joseph's	6:00pm Mass	Celebrant's Intentions
Thursday 4th June		
St John the Baptist	9:30am Mass	Celebrant's Intentions
St Joseph's	6:00pm Mass	Celebrant's Intentions
Friday 5th June St Boniface		
St John the Baptist	9:30am Mass	Celebrant's Intentions
St Joseph's	6:00pm Mass	Fanny Scott RIP (<i>Foundation</i>)
Saturday 6th June		
St John the Baptist	9:30am Mass followed by Confessions	Celebrant's Intentions
St John the Baptist	10:00am Adoration for the Diocesan Plan	
St Joseph's	11:00am-11:45am Confessions	
St John the Baptist	6:00pm First Mass of Sunday	Children & Young people of this country & for peace (<i>Pam Francis</i>)
Sunday 7th June The Most Holy Body and Blood of Christ		
St John the Baptist	11:00am Mass	Felix RIP (<i>Tess Creffield</i>)
St Joseph's	11:00am Mass with Children's Liturgy	People of the Parish
St Joseph's	5:30pm Mass	Bridget Lavy - intentions

The greatest gift you can give a loved one, living or deceased, is the Sacrifice of the Holy Mass.
 To request a Mass intention, please complete a Mass Intention envelope (available in church) or contact the Parish Office. Donations may be made by cash or cheque (via the red letter box in the Sacristy), through the Dona machine ("Mass Intentions"), or by bank transfer (contact the Parish Office for details). If you require a specific date, please book early and we will do our best to accommodate your request. "*Celebrant's Intention*" indicates that no intention has been requested for that Mass. If you would like a Mass offered for a loved one or a special intention, we would be delighted to receive your request.

Please pray for the sick of our parish:
 Moira Hall, Agnes Manyingwa, Jean Small, Yenna VanHannover, Ann Callaghan, Tommy Maher, Claire Ashenden, Mary Howes, Ewa Knebloch-Kozlowska, Barbara Garlington, Phil McGrandles, Gordon Murray, Ian Tinlin, Marie Clare, Sue Bonner, Maria Rigby, Shannon Grewal, Janet Alan, Jayveer Grewal, Anthony Price, Pete Weston, Gerald Grace, Michael Warner, José Luis Cabanas, Laurie Garlington, Helen Symmons, Anthony Warner, Maureen Croke, Ann Peyton, Ian Brockwell, Roger Paine, Alexis Paine, Scott Pearson and Gifford Moody. And all parishioners who need our prayers.
 Those who have died recently, especially Kathleen Lillis and those whose anniversaries occur around this time.
 To be added to the sick list contact the Parish Office. Please contact Fr Kieron if you are going into hospital.